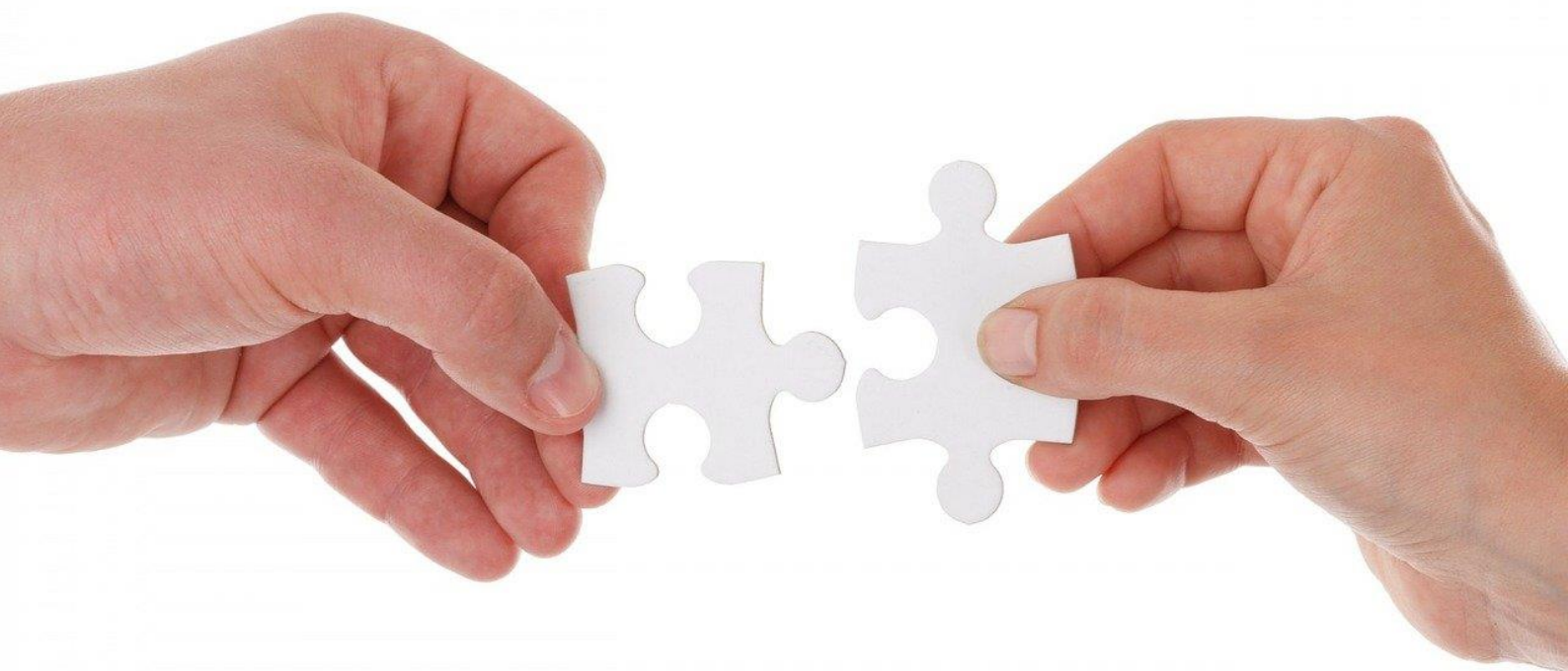


Tools for tomorrow



E-Book

Best practices from a European context for social inclusion





This e-book is a collection of the best practices for social inclusion of migrants that are shared by 6 European countries: Germany, Italy, Greece, Spain, Portugal and Sweden. Through reviewing the best practice of each country, it aims to improve the present knowledge and the capacity to react at local and the regional level, as well as to increase the quality of life of the migrants and refugees by working on their integration in local communities.

About the project

The refugee and migrant crisis is one of the biggest challenges Europe is facing nowadays. In the last years, there was a continued arrival of refugees coming from many countries such as Syria, Afghanistan, Nigeria, Pakistan, Iraq and Eritrea, among others. These people are facing many difficulties to cross EU external borders. Many of the countries from where the partners of Future Target come from are having numerous arrivals of refugees and migrants (e.g. more than 174,000 have arrived in Greece and more than 181,000 in Italy) and more than 5,000 people already lost their lives trying to cross the Mediterranean Sea.

The help of NGOs and associations is every day more necessary to work in parallel with public authorities. Future Target believes that in order to improve the situation, it is necessary to find, understand and share good practices by working with different partners dealing with the same issues, with the idea that together, we go further, as a team. It gives an opportunity to apply them in local territories, offering best services and guiding the population to the acceptance, inclusion and positive response towards humanitarian needs.

By operating as an international partnership, there is the possibility to support the communities because with this migrant flow, societies are getting various, people coming from different cultures started to live in multicultural societies so, it carries a great importance to call the issues of social inclusion, diversity, tolerance, non-discrimination and human rights.

Disclaimer:

"The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein."





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1. Sweden

1.1 Work Based Language Learning (WBLL)

Country	Sweden
Title of Best Practise	Work Based Language Learning (WBLL)
Practice owner	Mobilizing Expertise
Main Methodologies	Active learning Real-world application Long-term memorizing
Give a brief summary/description of the best practise. (maximum 100 words)	Work Based Language Learning is an approach adopted in Sweden as an effective, time-saving and useful best practise to integrate refugees and immigrants into the labour market. Previously language would have been a barrier to enter the labour market, but this practise allows those involved to learn "on the job". It's an active approach that puts the worker directly at the centre of both their own language and professional development.
Aim/s of the best practise in relation to Future Target:	<p>Aim:</p> <ul style="list-style-type: none"> • Increase number of refugee's accessing VET and remaining with vocational education and training long-term. • To encourage active learning • To immerse learners into the real-life labour market.
Impact on refugees	<p>Impact:</p> <ul style="list-style-type: none"> • Increases participation in the workforce and sustainability. • Allows easy access to the workforce for the first time. • Increases the number of refugees re-joining the workforce after a break/period of absence. • Upgrades language and professional skills in their chosen field • Enables them to move into a different career from previous qualifications/experience.





	<p>Methods:</p> <ul style="list-style-type: none"> • Strategic grouping. Involves splitting the working group/individuals based on interests, occupation or desired occupation. Themes could be: business, IT, human resources and hospitality, depending on their background. This will help them learn new vocabulary from each other in a field relevant to them. • Review days/Reflections; Time save at the end of the day/end of the course to review areas in which learners/students/workers are not fully comfortable. This is often conducted in rapid-fire fashion, with lots of repetition and speaking. As many of the selected problem areas as possible are covered. This supports and creates an honest and open working and learning environment.
<p>Further reading/Direct Links to Best Practise. <i>(website, books, journals, articles)</i></p>	<p>An immersive, interactive learning experience, you'll love using Fluent U in your classroom. It's designed to get students familiar with foreign vocabulary in a fun, friendly, totally approachable way. Fluent U makes it possible to learn languages from music videos, commercials, news, inspiring talks, cartoons and more. https://www.fluentu.com/</p> <p>Work-Based Learning: A New Higher Education? Boud, David, Solomon, Nicky</p>
<p>How can this example be used in inclusion of refugees?</p>	<p>Work based language learning is concerned with what refugees can do with a language, not what they know about it. It breaks down the barrier of language and accessing work. WBLL assessment generally requires refugee workers to demonstrate their ability to achieve performance-based objectives based on real-work examples i.e. to politely negotiate a raise or to explain to someone how to drive to their house. They will find this more useful instead of a pen-paper assessment.</p>





1.2 Fast-track program/Snabbspår

Country	Sweden
Title of Best Practise	Fast-track program/Snabbspår
Practice owner	Mobilizing Expertise
Main Methodologies	<ul style="list-style-type: none"> ● Validation ● Further education ● In-service training
Give a brief summary/description of the best practise. (maximum 100 words)	<p>Fast-track has been introduced on behalf of the government and in cooperation with the National Employment Agency [in Swedish Arbetsförmedlingen] and labour market partners.</p> <p>The ambition is to get a comprehensive system that meets newly arrived teachers.</p> <p>Validation, further education, in-service training and establishment will be reconnected in an efficient way. Fast-track will shorten the newly arrived teachers' path to becoming certified as a teacher and getting a job as a teacher.</p>
Aim/s of the best practise in relation to Future Target:	<p>Aim:</p> <ul style="list-style-type: none"> ● Helps to shorten the time on the pathway to becoming certified teachers from a refugee background. ● Increased portion of those refugees who arrived and were granted asylum during the last few years into permanent employment ● Faster entrance into the labour market
Impact on refugees	<p>Impact:</p> <p>When a company commits to employing at least 100 newly arrived refugees within three years, they can make use of special placement services and receive wage subsidies from the State.</p> <ul style="list-style-type: none"> ● Guaranteed employment for vulnerable people. ● Direct access to the labour market. ● Support and education





	<p>Methods:</p> <ul style="list-style-type: none">• Fast-track courses have a duration of 26 weeks, including in-service training in schools and preschools, and are organized at six universities. The language requirements that are required for admission to ULV have been dropped, and education is organized in parallel in both Arabic and Swedish. The idea behind this project is that after identifying a newly arrived migrant as someone with teacher education and experiences, he or she is directed as quickly as possible towards the path that eventually will lead back into the teaching profession.• This is followed by the validation of a university diploma from the home country issued by the Swedish Council for Higher Education, and the answer from the Swedish National Agency for Education on the request for a teacher certificate.
<p>Further reading/Direct Links to Best Practise. <i>(website, books, journals, articles)</i></p>	<p>http://nesetweb.eu/wp-content/uploads/2016/02/Migration-and-Education-in-Sweden.pdf</p> <p>https://www.arbetsformedlingen.se/For-arbetsgivare/Rekryteringstjanster/Regeringsuppdrag/Snabbspar.html</p>
<p>How can this example be used in inclusion of refugees?</p>	<p>Helps to shorten the time on the pathway to becoming certified teachers and serve as a labour market measure for bringing at least a portion of those refugees who arrived and were granted asylum during the last few years into permanent employment.</p>





1.3 Sweden unite and 100-klubben

Country	Sweden
Title of Best Practise	Sweden unite and 100-klubben
Practice owner	Mobilizing Expertise
Main Methodologies	<ul style="list-style-type: none"> • Customize packages • Practical real-life examples and experiences • Firsthand job experiences. • Mutual and cooperative working strategies
Give a brief summary/description of the best practise. (maximum 100 words)	This is a government scheme that wants to work together with companies that are prepared to employ at least 100 new arrivals and to create opportunities based on the conditions and needs of each company.
Aim/s of the best practise in relation to Future Target:	<p>Aim:</p> <ul style="list-style-type: none"> • Offers support and package solutions to major companies that want to help contribute to the introduction of new arrivals while at the same time managing their labour supply.
Impact on refugees	<p>Impact:</p> <p>When a company commits to employing at least 100 newly arrived refugees within three years, they can make use of special placement services and receive wage subsidies from the State.</p> <ul style="list-style-type: none"> • Guaranteed employment for venerable people. • Direct access to the labour market. • Support and education <p>Methods:</p> <ul style="list-style-type: none"> • Customize packages of initiatives based on individual companies' needs so as to create new opportunities for companies to employ at least 100 new arrivals within three years. • a new telephone option on its national telephone line for employers. The company will be called back within three days and its needs and requirements will be discussed at a personal





	<p>meeting, in order to then identify applicants and create a customised package for the company.</p> <ul style="list-style-type: none">• measures include fast tracks, career aptitude assessment, employment training, validation of qualifications, entry recruitment incentives, new start jobs, work placement schemes and occupational training with a supervisor.
<p>Further reading/Direct Links to Best Practise. <i>(website, books, journals, articles)</i></p>	<p>Integration of Refugees in Austria, Germany and Sweden</p> <p>https://www.government.se/articles/2015/10/the-government-presents-the-100-club/</p>
<p>How can this example be used in inclusion of refugees?</p>	<p>This resource is created for and with refugees and asylum seekers in mind. It guaranteed a small number of refugees will be employed by the end of a 3-year period. It also encourages an interdisciplinary approach between refugees, the government and businesses.</p>





2. Germany

2.1 Inclusion through Sports

Country	Germany
Title of Best Practise	Inclusion through Sports
Practice owner	German Olympic Sports Federation
Main Methodologies	Develop competences for active citizenship / Access to skills for labour market/employment / Promote social diversity / Develop language skills / Educate and transmit values through sport / Practice a physical activity for physical and mental health / Develop intercultural relations and/or intercultural competency / Promote access to volunteering in sport.
Give a brief summary/description of the best practise. (maximum 100 words)	Integration through Sport" is a programme of the German Olympic Sports Confederation ('Deutscher Olympischer Sportbund e.V.' / DOSB). As to its implementation, it is assigned to the Regional Sports Confederations ('Landessportbünde' / LSB) or Sports Youths of the LSBs (LSJ) which run it under their respective own responsibility. So-called 'special support clubs' - i.e. sports clubs particularly committed to integration work - constitute the basis of the organisational structure of the IdS Programme. Furthermore, there are the so-called male and female start-helpers who actively help to initiate and give guidance to new integrative sports groups or co-ordinate networks. The implementation of the programme objectives within networks, even outside organized sport structures, complements the work of sport associations and support clubs, also offering a great chance to remain capable of action at the local level and to react in a flexible way.
Aim/s of the best practise in relation to Future Target:	Aim: The goal is to support sport clubs as «institutions of borough-related integration» and to enable a systematic encouragement of the process of inclusion, particularly of young girls and women from 10 to 18 years of age with a migrant background.





<p>Impact on refugees</p>	<p>Integration in sport / integration through sport into society / support of sports organisations in their integration work / promotion of voluntary commitment / promotion of intercultural opening / strengthening of social acceptance of sport as important actor in the field of integration</p> <p>Impact:</p> <ul style="list-style-type: none">- At national level, in close to 500 sports clubs (so-called support clubs) about 1,200 financially supported exercise leaders take care of about 2,000 integrative sports groups. Approximately 38,000 persons practice sports more or less regularly in those sports groups.- About 20,900 participants are immigrants, representing a scarce majority, while local people make up for approximately 17,100 participants and constitute a scarce minority. This results in a proportion of 55 % immigrants as compared to 45 % local residents.- Almost half of the exercise leaders (49 %) have a migration background.- In approximately half of all integration groups (54 %) immigrants have taken over duties or functions.- The majority of support clubs also provide support services outside sport (help for reading and filling in forms, for searching a vocational training place or a job, for administrative procedures, looking for a flat, looking after homework doing). <p>Methods:</p> <ul style="list-style-type: none">- Development of target group-specific programmes which orientate themselves by the motives and needs of the target groups- Recruitment of exercise leaders/start helpers with a migration background as 'door openers'/multipliers- Development of target group-specific qualification programmes- Devising conceptual approaches for clubs / networks / projects- Public Relations- Networking
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<p>Further reading/Direct Links to Best Practise. <i>(website, books, journals, articles)</i></p>	<p>https://sportinclusion.net/ http://spin.lsb.oc.kernpunkt.de http://berliner-fussbal.de/aus-weiterbildung/inclusion/inclusion-durch-qualifizierung www.tuerkiyemspor.de http://www.discoverfootball.de/home/ https://www.lsb-niedersachsen.de/internationale-seiten/en/?L=0 https://www.kicking-girls.info/</p>
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2.2 CUCULA e.V

Country	Germany
Title of Best Practise	CUCULA e.V
Practice owner	CUCULA e.V
Main Methodologies	<ul style="list-style-type: none"> - CUCULA - Education - CUCULA - Refugees Company
Give a brief summary/description of the best practise. (maximum 100 words)	<p>CUCULA is an association, a workshop, a platform for intercultural exchange and an experimental, vocational preparation program. Up to eight young refugees are acquiring basic skills in craft and design in CUCULA's workshop at any given time. The workshop is connected to an educational program in which trainees prepare for future apprenticeships and jobs. Refugee involvement at CUCULA can take many shapes, including program participants, interns and employees. CUCULA also offers everyday support and legal advice. CUCULA hopes to cultivate a society in which refugees are welcome. It hopes to empower refugees to find a way out of the stigmatised 'victim' role, to develop self-confidence and to become optimistic about their future again.</p>
Aim/s of the best practise in relation to Future Target:	<p>Aim: To cultivate a society in which refugees are welcome. It hopes to empower refugees to find a way out of the stigmatised 'victim' role, to develop self-confidence and to become optimistic about their future again.</p>





Impact on refugees	<p>Impact:</p> <p>CUCULA Education helps refugees find placements in vocational training programs, schools and jobs. Courses, practical modules as well as individual counselling and support are all components of the program. As a pilot project, CUCULA is in search of alternative, new ways of providing young refugees with access to education, the workforce and society. We want to understand the challenges and opportunities that arise in practice, so we can both react and adapt our programs accordingly to fit participants' needs.</p> <p>Methods:</p> <p>The workshop provides a space for learning and creativity through the creation of high-quality furniture pieces. Participants are introduced to basic knowledge in craft, mathematics, organizational processes and work-related planning. They also have the opportunity to apply and develop their German language skills in a professional environment.</p> <p>In addition to German for professional purposes, courses adapted from basic schooling provide refugees with a foundation that is highly relevant when attending vocational schooling and pursuing a career. These include mathematics, geometry and several areas of specialization.</p> <p>With the help of lawyers specialized in asylum rights, the organization also provide legal counsel for refugees enrolled in our programs. Each individual's legal situation is assessed in collaboration with a professional, and his or her options are then explored. We also provide administrative support, such as by helping individuals to search for flats or fill out paperwork.</p> <p>CUCULA's career counselling program provides individual coaching–this includes communicating the training opportunities that are available in Germany, an assessment of each person's interests and skills, as well as guidance when making career choices.</p>
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	<p>In the second step, participants put their work experience to paper and write up their CVs, before going on to apply for jobs at companies or enroll in programs in universities.</p> <p>CUCULA sells the high-quality design objects that are created and built in the workshop—a place where the fundamentals of craftsmanship are taught in an experimental working environment. Through the collaboration of refugees, designers and artists, a lively production space took on a character of its own. The workshop fulfils wide range of project and commission work, covering everything from woodwork and product development to stage design and performance art to interior design.</p>
<p>Further reading/Direct Links to Best Practise. <i>(website, books, journals, articles)</i></p>	<p>https://www.cucula.org/ https://www.facebook.com/Cucula.Refugees.Company?fref=ts https://www.instagram.com/cucularefugeescompany/</p>
<p>How can this example be used in inclusion of refugees?</p>	<p>The organization is not only offering and providing employability skills for migrants, it enables them to sell their products through an e - platform, thus increase their opportunities for successful business acquisitions. Moreover the organized and comprehensive approach improves the confidence and self - esteem of migrants and ease the process of inclusion in the new societies.</p>

2.3 Start with a Friend e.V.

<p>Country</p>	<p>Germany</p>
<p>Title of Best Practise</p>	<p>Start with a Friend e.V.</p>
<p>Practice owner</p>	<p>Start with a Friend e.V.</p>
<p>Main Methodologies</p>	<ul style="list-style-type: none"> - Networking - Creation of tandems of migrants and locals - Three pillars of work (volunteer, family job) - Training for cultural mediators





<p>Give a brief summary/description of the best practise. (maximum 100 words)</p>	<p>Start with a Friend wants to give everyone a chance to participate according to their personal interests. A framework of volunteers is created to organize life around family, job, and voluntary work. There are different ways to become active with Start with a Friend: If a local wants to get in contact with refugees, he can sign up as a tandem partner. If one would like to train their intercultural competencies, they can become an intercultural mediator at the SwaF Academy. And if one wants to contribute their professional expertise, they can become a member of the SwaF task force. Time management is always highly flexible and the role customized according to the volunteer's situation.</p>
<p>Aim/s of the best practise in relation to Future Target:</p> <p>Impact on refugees</p>	<p>Aim:</p> <p>Social integration through creating tandems between locals and refugees</p> <p>Impact:</p> <ul style="list-style-type: none"> - Over 2,500 volunteers - 20 locations in Germany - 1 Location in Austria
<p>Further reading/Direct Links to Best Practise. (website, books, journals, articles)</p>	<p>https://www.start-with-a-friend.de/</p> <p>https://www.facebook.com/startwithafriend/</p> <p>https://www.instagram.com/teamswaf/</p> <p>https://www.youtube.com/StartwithaFriendTeam</p>
<p>How can this example be used in inclusion of refugees?</p>	<p>Refugees have the opportunity to make friendships and connect with local that will improve their confidence, and desire to integrate in the society. Moreover the frequent meetings with locals will help them to learn many new practical things about living in the new societies, as well as share their customs and habits to the locals and gain mutual respect and understanding.</p>





3. Greece

3.1 Summer Camp in the City

Country	Greece
Title of Best Practise	Summer Camp in the City
Practice owner	Municipality of Larisa in cooperation with Kainotomia
Main Methodologies	Non-Formal Activities
Give a brief summary/description of the best practise. (maximum 100 words)	<p>The "Summer Camp in the City" is a program during the summer months (July and August) addressed to children aged from 6 to 12 years old. The purpose of the program is to amuse and at the same time educate children creatively for a certain amount of time during the morning hours (07:00 am to 3:00 pm) through the right use of leisure time with individual</p> <p>The "Summer Camp in the City" is a program during the summer months (July and August) addressed to children aged from 6 to 12 years old. The purpose of the program is to amuse and at the same time educate children creatively for a certain amount of time during the morning hours (07:00 am to 3:00 pm) through the right use of leisure time with individual and organized activities or through organized workshops always by creating a pleasant and creative environment. Summer camp in the city provides education and knowledge through amusing activities and games. The game is central to the philosophy of the "Summer Camp in the City" program. Through group, organized or free games and playful activities, children have the opportunity to find out more about themselves, cultivate their relationship with the group, learn to self-regulate, resolve differences, rejoice in winning and learn how to handle the defeat. "Summer camp in the city" is working with experienced trainers and teachers each with an extensive experience in their field of expertise. Some of the activities that were implemented in the framework of "Summer camp in the city" are:</p> <ul style="list-style-type: none"> - Athletic Activities (basketball, volleyball, football, tennis, horseback riding, traditional and modern dances, ballet, swimming) - Theatrical Toy and Puppet Theatre





	<ul style="list-style-type: none"> - Children's Literature and participation in the experiential workshops of the "Summer Campaign for Reading and Creativity" of the Municipal Library - Cooking and Pastry - Chess and "Games of the World" - Photography - Natural Sciences and Robotics - Music and Music-movement Education - Entertaining game - Educational activities in the city's museums
<p>Aim/s of the best practise in relation to Future Target:</p> <p>Impact on refugees</p>	<p>Aim: - To foster the social integration of migrants through sports activities</p> <ul style="list-style-type: none"> - To counter any forms of racial discrimination and intolerance. - To nourish them with a strong sense of cultural understandings and solidarity - To provide them with communication and competitive skills - To keep them close to their cultural heritage but at the same time learn to respect diversity and other cultures - To promote the values of inclusion and integration <p>Impact: This initiative can bring closer children with different backgrounds and cultures, cultivating a strong sense of multicultural understanding and solidarity. Migrants refugees and local young people get to know each other better and create teams in order to gain knowledge, common experiences and true friends.</p> <p>Methods: Under the central idea of this summer innovation program, small campers of the 4th Primary School of Larissa and young refugees from the open hospitality structure in Koutsohero and the "ESTIA" program participated in the Program of Self Help and Mutual help by playing and learning the "Games of the World". These games are handmade toys made of recyclable materials coming from different cultures and different time periods. During the implementation period of Summer camp in the city, more than 200 children had the lifetime experience to play the "World Games" communicate with different cultures, make new friend and gain knowledge and experience. This experience brought smiles to the faces of both adult and children and renewed their motivation for learning.</p>





<p>Further reading/Direct Links to Best Practise. <i>(website, books, journals, articles)</i></p>	<p>http://www.larissa-dimos.gr/el/gia-tous-polites/katask1 https://www.facebook.com/kataskinosi.dimoslarissa/</p>
<p>How can this example be used in inclusion of refugees?</p>	<p>It is very important to facilitate their acquiring of key competencies in all levels of human rights education in order to make their activities more attractive and efficient and attract more youngsters. Larisa holds a key role in that kind of initiatives and activities and aims at continuing providing these experiences to young people in order to build a strong and resilient society and nourish to them a sense of solidarity, teamwork and empathy clear of violence, hate speeches and marginalisation.</p>



Pictures: Summer Camp in the city





3.2 Stepping Stone

Country	Greece
Title of Best Practise	Stepping Stone
Practice owner	KAINOTOMIA
Main Methodologies	Non-Formal Workshops and Seminars, Computer Courses
Give a brief summary/description of the best practise. (maximum 100 words)	Stepping Stone is a program that responds to the need of strengthening, supporting and empowering refugees and migrants, who will stay in Greece, in order to autonomously rebuild their lives, start a new, and integrate into the Greek society and the labour market. Following the assessment of their experience, skills and competencies, the main purpose of the action is to connect refugees with the labour market. Stepping Stone is mostly implemented by volunteers and it is aiming to facilitate refugees' and migrants' integration, through educational activities and paid internships. METAdrasi supports the beneficiaries' efforts by evaluating them, strengthening their skills, and preparing them to find employment, through practical placement experience.
Aim/s of the best practise in relation to Future Target:	<ul style="list-style-type: none"> - Intensive Greek language courses - Counselling and support on legal issues related to employment - Curricula to strengthen social skills
Impact on refugees	<ul style="list-style-type: none"> - Support workshops with a mentoring approach to professional ethics and CV preparation - Technical vocational training (for example, sewing and cooking seminars)
Methods	<ul style="list-style-type: none"> - Computer courses <p>The project develops a series of seminars supporting workshops and curricula of engaging migrants and refugees that live in their receiving country.</p>
Further reading/Direct Links to Best Practise. <i>(website, books, journals, articles)</i>	https://metadrasi.org/campaigns/stepping-stone-integration/





How can this example be used in inclusion of refugees?

Within the first 14 months of the Stepping Stone project, 125 beneficiaries have participated, out of which more than 40 people have already started their practical placement and four of them were granted degree scholarships

By equipping the refugees and migrants with the proper knowledge and skills we can achieve an integration and we will help them be autonomous and rebuild their lives. Through educational workshops and language teaching courses they will feel more comfortable and they will start participating actively and integrating into the society and the labour market, avoiding marginalisation and radicalisation phenomena. This counselling and orientation will foster their inclusion and will nourish a strong sense of belonging in a resilient and open society.



Picture: Stepping stone





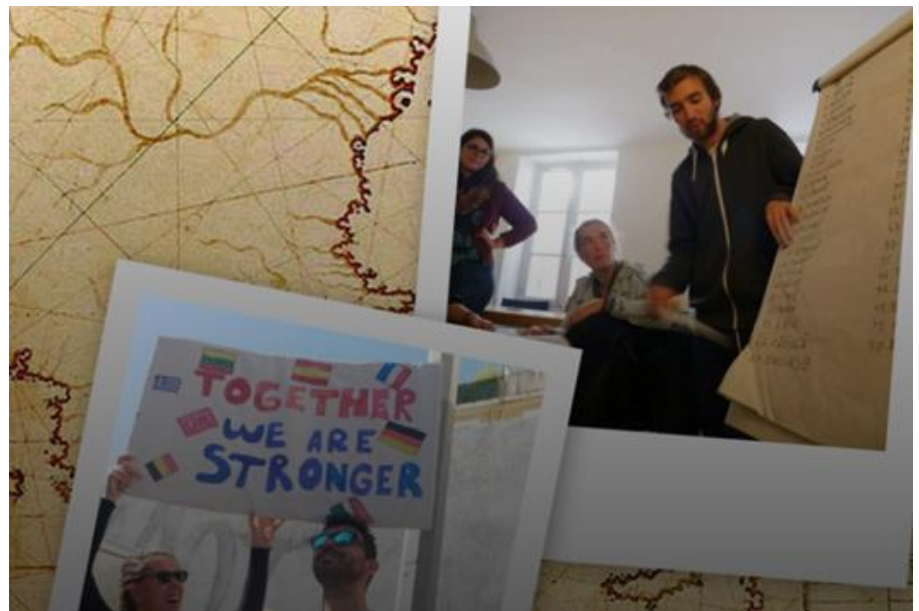
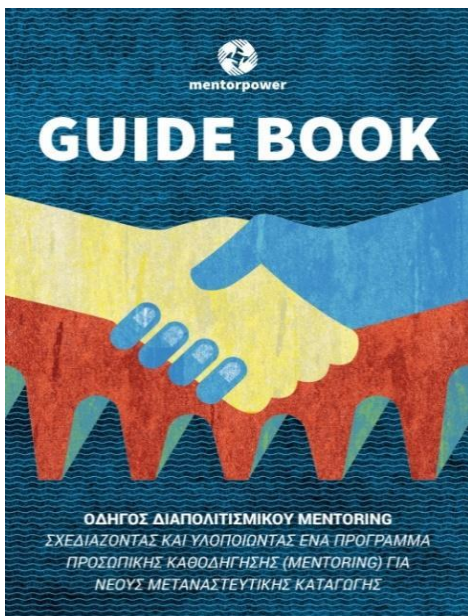
3.3 Mentorpower: Empowerment and social integration of migrant youth via integration of migrant youth into labour market using engagement mentoring

Country	International (France, Norway, Spain, Greece and Turkey)
Title of Best Practise	MENTORPOWER: Empowerment and social integration of migrant youth via integration of migrant youth into labour market using engagement mentoring
Practice owner	KAINOTOMIA
Main Methodologies	Non-Formal Education
Give a brief summary/description of the best practise. (maximum 100 words)	MentorPower is a strategic partnership project for the empowerment and social integration of migrant youth by facilitating their integration into the labour market using engagement mentoring. The partnership will bring together civil society organizations in Europe working in the field of youth for developing and piloting of an innovative and sustainable engagement mentoring model for 16-25-year-old migrant youth within a period of two years.
Aim/s of the best practise in relation to Future Target:	<p>Aims & Impact:</p> <ul style="list-style-type: none"> -to improve the transversal skills of the migrant youth, including critical thinking, problem solving, leadership and collaborative learning; to provide career guidance and advice on the field of their interest; -to have connections in the sector of their interest; -to help them to improve their ICT skills by communicating and interacting with their mentors and other mentees using online tools <p>Methods:</p> <ul style="list-style-type: none"> -Questionnaires -Focus Groups -Interviews -Best Practices Report, which will constitute the basis upon which an engagement mentoring model oriented at migrant youth can be built (in English, electronic and printed copies); - a Guidebook for the Integration of Migrant Youth into Society (in 6 languages, electronic and printed copies);





	<p>- policy Recommendation Booklets for advocacy purposes (5 different sets of booklets, each set consisting of the related partner's language and the English translation)</p> <p>The project will also include transnational meetings, training courses in 5 different countries, press meetings, short-term mobilities, advocacy meetings, dissemination materials.</p>
<p>Further reading/Direct Links to Best Practise. <i>(website, books, journals, articles)</i></p>	<p>https://hors-pistes.org/2017/03/15/discover-mentorpower-guidebook/</p>
<p>How can this example be used in inclusion of refugees?</p>	<p>All the methods and outputs will increase the understanding of the public authorities regarding the problems and needs of the migrant youth with regards to integration into the labour market, mostly by equipping refugee youth with the appropriate tools and skills to enter the working field with self esteem .</p>



Pictures: Mentorpower





4. Italy

4.1 Cascine del Riccio and San Paolino football team

Country	Italy
Title of Best Practise	Cascine del Riccio and San Paolino football team
Practice owner	Solidarietà Caritas Firenze
Main Methodologies	Integration through the sport
Give a brief summary/description of the best practise. (maximum 100 words)	<p>This is a good practice of Fondazione Solidarietà Caritas Firenze.</p> <p>In 2016, in order to practice federal activities, the amateur sports club San Paolino Caritas was born.</p> <p>In 2017, the Mormon community donated sport equipment for all children, a very important contribution to make these "athletes" feel important.</p> <p>In 2017, the "Pier" project also started, an international project financed by the Coca Cola Foundation with the aim of strengthening reception and integration activities, as well as increasing the psycho-social well-being and quality of life of refugees.</p> <p>The funds received from this project gave the opportunity to transform the sports center into a training and work laboratory for some refugees, through small maintenance, gardening and custody activities.</p> <p>The logic is based on the sharing with other people: operators, civil service children, volunteers and friends.</p>
Further reading/Direct Links to Best Practise. (website, books, journals, articles)	<p>https://www.sportchianti.it/blog/2018/02/27/cascine-del-riccio-rinnovato-campo-sportivo-targato-caritas-tanta-solidarieta/</p> <p>https://www.facebook.com/SanPaolinoCaritas</p> <p>https://www.youtube.com/watch?v=uc9VHGAZg5g</p>





<p>How can this example be used in inclusion of refugees?</p>	<p>The profound meaning of this idea is to have a place that guests of the Caritas Centre can live in a context of absolute "normality" and can feel like their own home. House that must never be closed, exclusive, but necessarily linked to a territory, open with a view to integration with anyone who wants to live a moment of sharing with us. We can say that in this case it is the guests of our homes who "host" the territory. The sports facility is therefore not only lived by the hosted children, but it is a place where different people find a meeting point. It's a "zone free from racism" to paraphrase the writing that dominates the entrance to the St. Paul stadium in Hamburg. The welcome style of Caritas is absolutely convinced that true integration must start from the construction of authentic relationships that are built by doing activities together, on an equal footing, in a beautiful environment where you can feel really good. We believe it is the right way to be together. The boys are delighted. The strength of this welcome, which is what distinguishes the Caritas spirit, is that in the field the operator, the educator, the house manager, the boy, are all the same. There are no hierarchies but only horizontal relationships that then represent the future of the children but also a little ours.</p>
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4.2 Bazin - Ethic, Ethnic, Fashion

<p>Country</p>	<p>Italy</p>
<p>Title of Best Practise</p>	<p>Bazin - Ethic, Ethnic, Fashion!</p>
<p>Practice owner</p>	<p>Lo Spigolo Social Cooperative, Il Samaritano Onlus Association and La Pietra d'Angolo Social Cooperative.</p>
<p>Main Methodologies</p>	<p>Multi-task activities:</p> <ul style="list-style-type: none"> - tailoring and sewing; - carpentry and woodcraft; - job shadowing; - psycho-social support for the inclusion;





	<p>Multidisciplinary team working:</p> <ul style="list-style-type: none"> - social workers; - educators; - youth workers; - tailoring and carpentry masters; - community manager; - stylist. <p>Local Community Networking</p> <p>Multi-channel fundraising:</p> <ul style="list-style-type: none"> - National/Ministerial funds; - Municipalities and Charities benefits; - Commerce of the tailored-homemade items and apparel; - Activities open to the participation and subscription of local citizenship.
<p>Give a brief summary/description of the best practise. (maximum 100 words)</p>	<p>Bazin is the ethical and creative tailoring workshop that creates work placement paths, promotes the economic autonomy of the workers employed, establishes a point of contact between migrants and residents.</p> <p>The Bazin laboratory is a place where social inclusion, craftsmanship and reuse of materials come together.</p> <p>Bazin is in Santa Croce Sull'Arno, in Corso Mazzini, 118. It's a project of Lo Spigolo Social Cooperative, Il Samaritano Onlus Association and La Pietra d'Angolo Social Cooperative.</p>
<p>Aim/s of the best practise in relation to Future Target:</p> <p>Impact on refugees</p> <p>Methods</p>	<p>Increased perceived value of their experience in Italy;</p> <p>Increased integration and inclusion in the local community</p> <p>Faster Italian language learning</p> <p>More chances to find a job and to contribute to social and economic growth of local community</p> <p>Participation of all the team in all the process phases:</p> <ul style="list-style-type: none"> - ideation; - creation; - selling. <p>Product customization</p>





	<p>Multi-channel selling platform (online, on-store, flea and local markets)</p> <p>Cross-sectorial and cross-field cooperation (between public body, third sector and private)</p> <p>Collaboration with the other La Pietra d'Angolo's projects (ex. When there is an open event, Bazin cures the costumes and scenographies).</p>
<p>Further reading/Direct Links to Best Practise. <i>(website, books, journals, articles)</i></p>	<p>https://www.facebook.com/bazinsantacroce/</p> <p>https://www.instagram.com/bazinlab/</p> <p>https://www.gonews.it/2018/07/28/laboratorio-bazin-santa-croce-selezionato-dalla-fondazione-robert-f-kennedy-human-rights-italia/</p> <p>https://www.ilcuoioindiretta.it/senza-categoria/2018/04/04/a-santa-croce-un-laboratorio-di-sartoria-per-i-migranti/58970/</p> <p>http://www.coesoempoli.it/home/node/1445</p> <p>https://firenze.repubblica.it/cronaca/2019/06/12/news/firenze_progetto_turbanti-228544893/</p> <p>https://www.ilcuoioindiretta.it/senza-categoria/2019/06/11/guarire-dalla-testa-turbanti-di-bazin-per-donne-in-chemio/66717/</p>
<p>How can this example be used in inclusion of refugees?</p>	<p>Bazin is a sort of experiment aimed to develop specific and cross skills in tailoring, sewing, carpentry and woodcraft. A male-female mixed team of Italian and African passionate of different ages and backgrounds. The keywords are creativity and style!</p>



Bazin. Picture of Samantha Chiarugi





Bazin. Pictures of Samantha Chiarugi.

4.3 Theatre as inclusion

Country	Italy
Title of Best Practise	Theatre as inclusion
Practice owner	DAF TEATRO DELL'ESATTA FANTASIA
Main Methodologies	<ul style="list-style-type: none"> - due and dedicated time to young migrants to explore what they do not yet know they know, to discover qualities that even they do not imagine possessing, - reciprocal learning between migrants and all those who play a role around the project. - time to process the experience





<p>Give a brief summary/description of the best practise. (maximum 100 words)</p>	<p>DAF TEATRO DELL'ESATTA FANTASIA is a Messina-based company that works in the field of theatre production and training.</p> <p>Since 2015, the company has been at the center of a research that has seen the involvement of more than 50 young asylum seekers through workshops, staging and integration projects with the support of different partners, from the E.R. from Messina to Caritas to the Teatro di Roma where, in June 2017, Vento da Sud-Est was re-written, a rewriting of Pierpaolo Pasolini's Theorem with a cast of Italian and African actors.</p>
<p>Aim/s of the best practise in relation to Future Target:</p> <p>Impact on refugees</p>	<p>The most immediate objectives of the project concern the elimination of prejudices and the removal from the traps of solipsism both for participants and for all the social actors of the territory involved (the public, educators, teachers, journalists, school students). The general objective is to push the participants and the inhabitants of the territory in which they intervene towards a renewed sensitivity in the search for a compromise with themselves in listening to the other.</p> <p>The theatrical methodology proposed is distinguished by offering a due and dedicated time to young migrants to explore what they do not yet know they know, to discover qualities that even they do not imagine possessing, without the anxiety of having to achieve a result to be submitted to the judgment of someone or to package a product to be put on display, including the public within the expected creative process. Theater thus becomes an extraordinary medium to highlight the paradox between the role that society often imposes on them to "act" (migrant sanctified or guilty according to the prejudices in the field) and the different function (often reversed) that are instead called to play in the "truth" of the dramatic process. This educational proposal is transformed into an opportunity for learning not only for migrants but for all those who play a role around the project.</p> <p>The longer-term goal of the work is not the immediate achievement of an integration process to be carried out within a few meetings. The theatre, like any special human encounter, works overtime, in memory, after days and months. When the kids meet at the table, at school, on the street, to face a delicate topic or issue that puts their future at stake. Words, expressive modalities in the body or content of their speeches will reappear, which thanks to the theatre will have had the opportunity to try to act concretely and not in the abstract. Being together respecting the other, in collaboration with the other for the achievement of a common goal, respecting the other to build together a rhythm, a text, a scene of representation, the result of mutual collaboration. A modality of approach, which sees in the</p>





	<p>path, in the path of construction, offer the best weapons to break down loneliness, bad ideas and isolation.</p>
<p>Further reading/Direct Links to Best Practise. <i>(website, books, journals, articles)</i></p>	<p>The project has already attracted the attention of the lawyer. K. Maloney, professor at Columbia University in New York and praise from newspapers such as Rainews24, L'Avvenire, La Sicilia, Gazzetta del Sud, Meridionews, Tempostretto, together with specialized sector magazines such as Hystrio, Sipario, Rumor (s) dinner, Paneacquaculture.</p> <p>Intervista servizio per RAINews 24: https://youtu.be/-ORM13BCG60</p> <p>Progetto Nostra Signora Libertà: https://youtu.be/-VeTyju5alc</p> <p>Presentazione Nostra signora libertà: https://youtu.be/mgBWZby0qPw</p> <p>Trailer VENTO DA SUD EST: https://youtu.be/p5sds2XnRo</p> <p>Presentazione Rumorscena: Angelo Campolo e l'integrazione - https://www.rumorscena.com/05/11/2018/i-progetti-teatrali-e-sociali-della-compagnia-daf-di-angelo-campolo</p> <p>Intervista per RECENSITO.NET https://www.recensito.net/rubriche/interviste/intervista-angelo-campolo-attore-regista-daf.html</p> <p>TEATRO DI ROMA: http://www.teatrodiroma.net/doc/4977/vento-da-sud-est</p>





How can this example be used in inclusion of refugees?

How can this example be used in inclusion of refugees?

The project developed over a three-year period 2015/18 in a town of landings like Messina, extraneous to the phenomenon of immigration compared to cities in northern Italy, much more accustomed to receiving migratory flows. Three years in which the Italian public opinion manifested itself in a controversial way around the reception issues. Experiences such as that of the integration project through theatre show that the best way to overcome prejudices is that of direct knowledge with the other. From this point of view, the stage has the merit of enhancing and making powerful the human encounter, in a different and in some respects mysterious way compared to other artistic disciplines. Theatre is a combination of different elements that combine to make concrete a project that becomes impossible without collaboration with others. Among the boys who took part in the laboratory in these years, Idriss has distinguished himself who, remaining in Messina, had the greatest opportunity to meet and study this type of route. Catapulted and suddenly immersed in the technological carousel of a western teenager, he immediately became familiar with the ways, expressions, attitudes of the boys of his age both in the city and on the web, through Instagram. Despite this, he never wanted to leave the theatre, explicitly asking to deepen and continue the experience of the laboratory by evolving his way of being on stage. "From here we launched the challenge - says Angelo Campolo - of trying to write an autobiography (Laylà - story of Idriss Coulibaly) to tell his travels sincerely, the double or triple lives he already has behind him, the two mothers with which must confront (Africa and Europe, but also the aunt and the real mother who discovered to be ten years old). The writing exercises of this phase have led to put in order and to define the outlines of the lived, so as to try to write the (possible?) Novel of his life. Starting from exercises such as "Introducing yourself, remembering the names of those you meet", the goal was to try to get him out of his emotional world (which he jealously guards) and to pay attention in meeting a western interlocutor. The exercises related to key questions such as: my first beautiful memory, the time I felt more proud of myself, the ten things I love to do, the character I respect the most and why, the animal that resembles me more, etc. Next to Idriss, also Korca, Sidi, Soulimanne, Francesco, Antonio, Ciccio, are boys who have treasured the experience lived and in different forms continue to follow, participate, evolve in everyday life the experience made thanks to the theatre".





Pictures: Theatre as inclusion





5. Spain

5.1 Integration of migrants and refugees in education

Country	Spain
Title of Best Practise	Effective integration of migrants and refugees in education
Practice owner	Spanish education system
Main Methodologies	Throughout the study visit, participants learned from Spanish representatives about the impact of enduring budget cuts, education system segmentation and the lack of a national strategy addressing specifically the integration of migrants and refugees in schools and education institutions. While learning from the different social partners, school communities, parents and students representatives' perspectives and good practices in the course of the first day, the delegation had the chance to visit the ACE (Aula de Compensacion Educativa) center of the La Senda high school and to witness the difficult professional and working conditions of teachers and educators dealing with students of migrant origins and from disadvantaged background.
Give a brief summary/description of the best practise. (maximum 100 words)	Teachers, trainers, the school leader and union representatives from the school explained the potential support they would need to deliver quality education to those students coming from the most disadvantaged background. They shed light on the biggest obstacles they face for a real inclusion in education, including the deteriorating working conditions of those teachers working in public schools from the most disadvantaged areas: precarious contracts and lack of continuity in teaching and learning was felt as one of the biggest challenge to effective integration. The study delegation had the opportunity to draw the attention of the Spanish Ministry of Education, Culture and Sport to the challenges facing schools and education institutions in this regard.
Impact on refugees	Quality education to those students coming from the most disadvantaged background





	<p>Throughout the study visit, participants learned from Spanish representatives about the impact of enduring budget cuts, education system segmentation and the lack of a national strategy addressing specifically the integration of migrants and refugees in schools and education institutions.</p>
<p>Further reading/Direct Links to Best Practise. <i>(website, books, journals, articles)</i></p>	<p>https://www.education4refugees.org/updates/400-spain-social-partners-meet-to-discuss-effective-integration-of-migrants-and-refugees-in-education</p> <p>https://www.csee-etuice.org/en/projects/migration-education/3453-introduction</p>
<p>How can this example be used in inclusion of refugees?</p>	<p>The research report, a video documentary, practical guidelines and a draft quality framework of effective practices are amongst the main deliverables of the project and they are focused on inclusion of refugees.</p>





5.2 The weight of my backpack

Country	Spain
Title of Best Practise	The weight of my backpack
Practice owner	CEIP Josep Carner
Main Methodologies	Develop a series of activities aimed at creating optimal school environments that are conducive to the integration of all children and accommodate all migrants, displaced persons and refugees.
Give a brief summary/description of the best practise. (maximum 100 words)	The school year is getting to its term and with it, the activities planned within the project called "The weight of my backpack" are being developed successfully in the two educational centers of the neighborhood of La Salud in Badalona. The objective of FECCOO is to develop a series of activities aimed at creating optimal school environments that are conducive to the integration of all children and accommodate all migrants, displaced persons and refugees.
Aim/s of the best practise in relation to Future Target:	The workshop on linguistic competences and on developing reading skills led to a story-telling one-day marathon, held at the CEIP Josep Carner during which children's mothers were invited to take part by sharing experiences and stories from around the world in their mother tongue: Arabic, Russian, Urdu, Portuguese, Chinese,
Impact on refugees	Throughout the project, all students had access to illustrated albums dealing with themes related to refuge, war, travel, exile and arrival, which has been crucial to help them reflect on these themes and share their emotions and feelings.
Methods	Illustrated albums dealing with themes related to refuge, war, travel, exile and arriba. In parallel, work is continuing with the Teachers' Resource Center of the Generalitat de Catalunya, to offer teachers from all educational centers of the municipality the course "Schools: a welcome place, Books: a refuge to live in" that is mobilizing hundreds of students and teachers
Further reading/Direct Links to Best Practise. (website, books, journals, articles)	https://www.education4refugees.org/updates/343-feccoo-spain-supports-integration-activities-for-migrant-children-and-families-in-badalona





<p>How can this example be used in inclusion of refugees?</p>	<p>Throughout the project, all students had access to illustrated albums dealing with themes related to refuge, war, travel, exile and arrival, which has been crucial to help them reflect on these themes and share their emotions and feelings.</p>
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Picture: The weight of my backpack





5.3 Safe cities

Country	Spain
Title of Best Practise	Safe cities
Practice owner	Barcelona Council
Main Methodologies	The ball started rolling when was announced the launch of a register of families willing to open their home to refugees or simply help them. It proved an immediate success. Thousands of Catalans emailed their details to the list.
Give a brief summary/description of the best practise. (maximum 100 words)	The Spanish government may have dragged its feet in response to pressure from Brussels to take care of refugees, but Barcelona, Madrid and several other cities governed by councils with roots in the indignado movement took the initiative with a network of "safe cities" to assist some of those arriving in Europe.
Aim/s of the best practise in relation to Future Target:	The predicament of people fleeing war and persecution is priority and they need open the doors of the Europe for dodging the issue and to cope with the crisis.
Impact on refugees	A dozen cities have signed up to the scheme. Valencia plans to open emergency accommodation for refugees and is allocating 110 social workers specifically to look after children. Several councils have asked banks to release housing stock that has been vacant since the property market tumbled. Other cities involved include Pamplona, Zaragoza, La Coruña and Malaga.
Methods	Social pressure and commitment
Further reading/Direct Links to Best Practise. (website, books, journals, articles)	https://www.theguardian.com/world/2015/sep/15/spain-refugees-indignados-safe-cities





<p>How can this example be used in inclusion of refugees?</p>	<p>The Spanish government has since agreed it would accept its share of migrants under the European commission's proposed new quota system, according to AFP. Spain agreed to take in another 14,931 refugees as proposed by the commission, in addition to the 2,379 it had initially said it would accept.</p>
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6. Portugal

6.1 The Shelter for Refugee Children

<p>Country</p>	<p>Portugal</p>
<p>Title of Best Practise</p>	<p>The Shelter for Refugee Children (CACR)</p>
<p>Practice owner</p>	<p>CPR</p>
<p>Main Methodologies</p>	<ul style="list-style-type: none"> - Specialized care - Formal and non-formal education - Personal and family intervention
<p>Give a brief summary/description of the best practise. (maximum 100 words)</p>	<p>The Shelter for Refugee Children (CACR) is a social response that aims to provide specialized care for children and young people under 18, in the asylum process, when defining their life project, for the necessary time and appropriate to their development.</p>
<p>Aim/s of the best practise in relation to Future Target:</p>	<p>The construction of CACR was financed by Swatch Tempus Internacional, S.A., by the Ministry of Internal Administration / Foreigners and Borders Service and by the Lisbon City Council. It went into operation on October 13, 2012.</p> <p>CACR has the capacity to accommodate 13 children between 0 and 18 years old. The admission of refugee children is subject to the submission of an application for protection to the Portuguese authorities. Children are also welcomed under the resettlement programs (see intervention area "Refugee Refugee").</p> <p>In both cases, these are "unaccompanied minors (MNA)", that is, who arrive in Portuguese territory without the parents or adult person who is responsible for them. The reception of these children is governed by the Asylum Law (Law 27/2008, of 30 June, with the changes</p>





	<p>introduced by Law 26/2014 of 2 May), by the Law for the Protection of Children and Youth in Danger (Law 147 / 99, 1 September) and guidelines from the United Nations High Commissioner for Refugees (UNHCR).</p> <p>Objectives of the CACR</p> <p>The Shelter for Refugee Children (CACR), a “House for the World”, aims to offer children a stable environment, where they can develop a critical voice and responsible behavior. The objectives of CACR are:</p> <ul style="list-style-type: none">- Ensure the well-being of the child or young person received.- Provide a dignified, safe and hope-regenerating welcome.- Catalyze the skills and potential of each beneficiary through an individualized intervention plan.- Prepare beneficiaries for their integration and autonomy in Portugal.- Support family reunification whenever desired by the child / young person.
<p>Further reading/Direct Links to Best Practise. <i>(website, books, journals, articles)</i></p>	<p>http://cpr.pt/casa-de-acolhimento-para-criancas-refugiadas-cacr/</p>
<p>How can this example be used in inclusion of refugees?</p>	<p>Meeting the proposed objectives, CACR ensures:</p> <ul style="list-style-type: none">- Provision of legal information;- Social counselling and support;- Portuguese language teaching;- Support in administrative acts;- Explanation of Portuguese culture and territory;- Capacity building for autonomy and resilience;- Articulation with services relevant to the life project of young people.





6.2 Espaço “A Criança” (The Child)

Country	Portugal
Title of Best Practise	Espaço “A Criança” (The Child)
Practice owner	Portuguese Council for Refugees (CPR)
Main Methodologies	<ul style="list-style-type: none"> - Personal / family intervention - Socialization and integration - Training activities
Give a brief summary/description of the best practise. (maximum 100 words)	The “A Criança” Space is part of the Portuguese Council for Refugees (CPR), Non-Governmental Organization for Development (ONGD) that supports asylum seekers and refugees in all phases of the asylum procedure, reception and integration in Portuguese society . Its mission is also to raise awareness in the host society on the issue of refugees, promoting training activities, seminars and international congresses on the right of asylum and refugees.
Aim/s of the best practise in relation to Future Target:	<p>Goals</p> <p>The objective of the “A Criança” Space is to offer a unique space for socializing among children of very different origins that stimulates positive attitudes towards multicultural differences.</p> <p>It is incorporated in the Educational Project structured activities that favour an open view of society; Multiculturalism is the motto of our space. We pay special attention to the recruitment of staff, their interest in these types of issues and we currently have employees from different backgrounds.</p> <p>Mission</p> <p>“A Criança” is an educational and playful project dedicated to the family, in particular children, who are encouraged to look at themselves, others and the world. They want to contribute to preparing complete human beings, open to their emotions, to each other and to nature.</p>
Further reading/Direct Links to Best Practise. (website, books, journals, articles)	<p>http://cpr.pt/espaco-a-crianca/</p> <p>http://cpr.pt/no-espaco-a-crianca-os-brinquedos-foram-ao-medico/</p> <p>http://cpr.pt/cpr-assina-parecer-conjunto-sobre-a-estrategia-nacional-para-os-direitos-da-crianca-endc/</p> <p>https://www.facebook.com/CrecheEspacoaCrianca/?rf=449709015228209</p>





<p>How can this example be used in inclusion of refugees?</p>	<p>It is favoured a positive relationship between:</p> <p>Children</p> <p>They have created a system for sharing spaces and activities between children of different age groups. The "A Criança" team knows that positive relationships help children to feel valued, to better absorb learning experiences and to cooperate with their peers.</p> <p>Children's Educators and Family Members</p> <p>They are fundamental for the construction of environments that stimulate the growth and development of children. For this reason, parents and guardians have at their disposal various forms of contact with the "A Criança" team.</p> <p>"The Child" and the Community</p> <p>Because this is an open space for the community, they try to offer support to families, through information sessions and workshops, family support services, organization of parties, etc.</p>
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6.3 Restaurant MEZZE

<p>Country</p>	<p>Portugal</p>
<p>Title of Best Practise</p>	<p>Restaurant MEZZE</p>
<p>Practice owner</p>	<p>Organization Pão a Pão</p>
<p>Give a brief summary/description of the best practise. (maximum 100 words)</p>	<p>Mezze resembles table, table resembles food, but Mezze can be translated into snacks. It was the name chosen for a "inclusion and integration" project, especially for women and young Syrian refugees welcomed in Portugal, who are now going to manage a restaurant named "Mezze".</p>
<p>Aim/s of the best practise in relation to Future Target:</p>	<p>The "hands full of stories and a lot of hope for a new life" give 'body and soul' to the restaurant MEZZE in Lisbon, the first in Portugal completely managed by a group of Syrian refugees, under the guidance of Associação Pão a Pão.</p> <p>The project was taking shape "for a year", says Francisca Gorjão Henriques, president of the Association Pão a Pão, explaining that the 15,000 euros for kick-off were raised through the crowdfunding campaign that took place on the internet. It opened in September 2018 and now employs 15 refugees.</p>





	<p>The idea, she explained, was to set up a restaurant to "integrate refugees from the Middle East, in which women and young people, in particular, can work and put into practice the skills they already have, as many of them already know how to cook".</p> <p>Even so, they receive training: "Basically, it is valuing the heritage they bring, providing this transmission of their culture, which is not as well known in Lisbon and Portugal as one would expect".</p> <p>It was due to bread that the idea of Mezze started to take shape and it was through a conversation with a Syrian student of architecture, who is in Portugal under the support platform for Syrian students of ex-President Jorge Sampaio, that it all started.</p> <p>"We learned that what she missed most about Syria was bread. There is no Arab bread for sale in Lisbon and there are very few Middle Eastern food restaurants in the capital and we thought there was something to do", said Francisca Henriques.</p> <p>Getting to the idea that sharing at the table was the "easiest way to integrate and welcome" was another step. In the Mezze, Arab bread and various snacks and dishes such as yalanji, fattoush, kibbeh, hummus or baklava are made.</p> <p>The crowdfunding page was explaining the project states that Fatima, Mouna, Reem, Rafat, Luei and Shiraz had to leave Syria and are, like other refugees, "ready to start working on the Mezze and share the rich gastronomy Middle East".</p>
<p>Further reading/Direct Links to Best Practise. <i>(website, books, journals, articles)</i></p>	<p>https://pt.euronews.com/2018/07/18/o-restaurante-sirio-de-lisboa-em-360</p> <p>https://www.timeout.pt/lisboa/pt/restaurantes/mezze</p>
<p>How can this example be used in inclusion of refugees?</p>	<p>According to Francisca Henriques, there is space in the restaurant for 'workshops' on gastronomy, dance, writing and debates.</p> <p>"The importance of the workshops for us is quite great, because it allows an approach and a dialogue that is fundamental for people to get to know each other, so that the refugees who are arriving can dialogue with the community that welcomes them", she explained.</p> <p>The Mezze works at the Arroios Market. In a first phase, there will be 15 people working in the restaurant, some full-time, others part-time, but the idea is to replicate the project in other communities, with other groups of refugees.</p> <p>The Pão a Pão Association was formed to support refugees and the idea is to later replicate restaurants across the country, "whenever</p>





there is a group of refugees who can carry out the project and whenever there is a community that welcomes it”.

The Mezza is a project aimed at women and young people, considered “risk groups”, since the majority “have no professional experience, while the” young people had their studies interrupted due to the war “. “There are two groups that are at risk of exclusion. For this reason, this is an integration project, but what we want, the main objective is the inclusion that we do through employability and through the sharing of the two cultures, the welcoming culture and the one brought by the refugees ”, underlined the Association.

This collection of some practices that are developed in Europe aims at improving the social inclusion of newcomers people, as it is one of the current issues that many countries have to face on a daily basis. It also implements different tools to reach as many people as possible, in both formal and informal way that can be adapted at the local as well as the national level.

If you want some more information on the project and the partners please contact them directly or check our latest updates on our [Facebook page](#).

Project Partners

